

This isn't a test—it's a snapshot of where you are right now.

*No one has this fully figured out. This just helps you see where you are.*

## Section 1: Life Reality Check

*What does my life require right now?*

### 1) I can handle some instability in my day-to-day life right now

*The less stability you need, the more room you have to experiment.*

1	2	3	4
I need consistency and predictability right now	I can handle small disruptions, but not ongoing instability	I can manage some instability, with limits	I can operate without much structure or predictability

### 2) My current responsibilities allow for risk (family, financial, etc.)

*Risk isn't just a mindset—it's shaped by what (and who) depends on you.*

1	2	3	4
My responsibilities require steady income and low risk	I have some flexibility, but risk would create strain	I can take on some risk, if I plan carefully	I have the flexibility to take on meaningful risk

### 3) I have support (emotional or logistical) if things get hard

*Support makes things easier—but independence can make you decisive.*

1	2	3	4
I would be handling this alone	I have limited or inconsistent support	I have some reliable support	I have strong support I can count on

**Reflection:** What constraint in your life will shape how you approach this?

**Section Score:** \_\_\_ / 12

## Section 2: Starting Point

*What am I starting with?*

### 4) I have skills or experience I'm confident people would pay for

*If no one has paid for it yet, you're still validating—not scaling.*

1	2	3	4
I'm not sure what I could offer yet	I have skills, but haven't tested them in the market	I've done this work, but not consistently for pay	I have clear, proven skills people will pay for

### 5) I have a network I could reach out to for opportunities

*Your first clients usually come from people, not platforms.*

1	2	3	4
I don't have a network I could tap into	I know some people, but no clear path to opportunity	I have relationships I could reach out to	I have a network that could realistically generate opportunities

### 6) I'm building from some momentum (even small), not zero

*Starting from zero isn't a disadvantage—it just requires a different strategy.*

1	2	3	4
I'm starting from zero	I have ideas, but no real traction yet	I have early signs of momentum	I have consistent traction or proof of concept

**Reflection:** What is your actual starting strategy based on this—build from zero or build from momentum?

**Section Score:** \_\_\_ / 12

## Section 3: Financial Readiness

*What is my financial reality? Money doesn't solve everything—but it buys you time to figure things out.*

### 7) I understand my monthly financial needs clearly

*You can't make a plan if you don't know your number.*

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
I don't know what I actually need to live on monthly	I have a rough estimate, but it's not detailed	I know my number, but haven't pressure-tested it	I know my number and track it consistently

### 8) I have a financial buffer/runway in place

*Money doesn't solve everything—but it buys you time to figure things out.*

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
I have little to no financial buffer	I have a short buffer, but it would go quickly	I have a moderate runway with some flexibility	I have a solid runway that gives me time to build

### 9) I have a realistic expectation of how long this could take

*Most people underestimate the time—and overestimate the speed.*

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
I haven't thought about timing at all	I have optimistic expectations, but no real benchmark	I have a general sense, but with some unknowns	I understand this will take time and have planned accordingly

**Reflection:** What is one financial reality you can't ignore after this section?

My runway = \_\_\_\_\_ months

Section Score: \_\_\_\_ / 12

## Section 4: Mindset Fit

*Do I have the mindset for this? This is usually where it gets real.*

### 10) I can handle uncertainty without shutting down

*This path doesn't remove uncertainty—it multiplies it.*

1	2	3	4
Uncertainty overwhelms me or stops my progress	I can handle it briefly, but it affects my confidence	I manage it, even if it's uncomfortable	I stay steady and keep moving despite uncertainty

### 11) I can create structure and direction for myself

*No one is coming to tell you what to do next.*

1	2	3	4
I rely on external structure to stay on track	I try to self-manage, but struggle with consistency	I can create structure, with occasional gaps	I consistently set direction and follow through

### 12) I'm willing to feel uncomfortable while I figure things out

*You don't become confident first—you become confident by doing.*

1	2	3	4
I avoid situations where I don't feel capable yet	I'll try, but discomfort often holds me back	I move forward, even when I feel unsure	I actively lean into discomfort as part of growth

**Reflection:** Where are you most likely to get in your own way?

Section Score: \_\_\_ / 12

## Section 5: Clarity + Motivation

*What am I building—and why? You don't need to have this fully figured out to start—just clear enough to move.*

### 13) I can describe what I would offer first—at least enough to test it

*If you can't explain it simply, it's not ready to sell.*

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
I don't know what I would offer yet	I have ideas, but they're unclear or too broad	I have a defined direction, but need to refine it	I have a clear, simple offer I could explain and sell

### 14) I understand my strengths—and where I may struggle

*You don't need to be good at everything—but you do need to know where you're not.*

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
I haven't really assessed my strengths or gaps	I have a general sense, but nothing specific	I know my strengths and some areas to improve	I clearly understand both my strengths and my gaps

### 15) I have a strong reason for doing this

*When things get hard, your reason is what keeps you in it.*

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
I'm not sure why I want this	I have surface-level reasons (money, flexibility, etc.)	I have meaningful reasons, but they're still forming	I have a clear, personal reason that drives me

**Reflection:** What would you do first if you had to start this in the next 30 days?

Section Score: \_\_\_ / 12

# Your Readiness Snapshot: What this moment is telling you, and what to do next

Section	Your Score
Section 1: Life Reality Check	_____ / 12
Section 2: Starting Point	_____ / 12
Section 3: Financial Readiness	_____ / 12
Section 4: Mindset Fit	_____ / 12
Section 5: Clarity + Motivation	_____ / 12
<b>TOTAL</b>	_____ / <b>60</b>

**Tip:** This isn't a test—it's a snapshot. Don't focus on your total score first. Start with your lowest section. That's where your next decision lives. Also look at your highest section, that's what you'll likely rely on most.

Below 30	30-44	45-60
<b>Not the Right Season (yet)</b> You're early and that's okay. Your lowest section is pointing to what needs attention first.	<b>You're Closer Than You Think</b> You have a foundation. Strengthen your weakest areas and be clear on what's not fully in place.	<b>You Have a Strong Foundation</b> You're in a position to move forward. Focus on execution, consistency, and staying in it.

## Make This Useful: What Comes Next:

▶ **Which section scored the lowest**—and what's really behind it?

---

---

▶ **Your next move:** What is one thing you should do next?

---

---

▶ **Make It Possible:** What would you do first if you had to start this in the next 30 days—with what you know right now?

---

---

*You don't need to have it all figured out—you just need to know your next move.*